

Jock Classic 2022

Mbombela, White River & Sabie

17 July 2022

Event Summary

Event date: 17 July 2022

Entry fee: 140km (R750), 100km (R550) & 60km (R350)

- 1. Start:** Mbombela Stadium
Start time: 08:00
Distance: 140km
- 2. Start:** Casterbridge White River
Start time: 08:00
Distance: 100km
- 3. Start:** Petena Pancakes, Sabie
Start time: 08:00
Distance: 60km

Please note: This is a race from start to finish with no intervals for meals.

Entries: Entries are online at MyActive from 1 March to 11 July 2022

Number Collection & Registration:

Friday, 15 July 2022 – 15:00 to 19:00
Saturday, 16 July 2022 – 15:00 to 19:00
at The Bicycle Boyz @ Halls
No late entries will be accepted thereafter

All COVID-19 regulations and protocols must be adhered to

Refer to [COVID-19 Downloads](#) on the Cycling SA website

Time Schedule

Sunday 17 July 2022

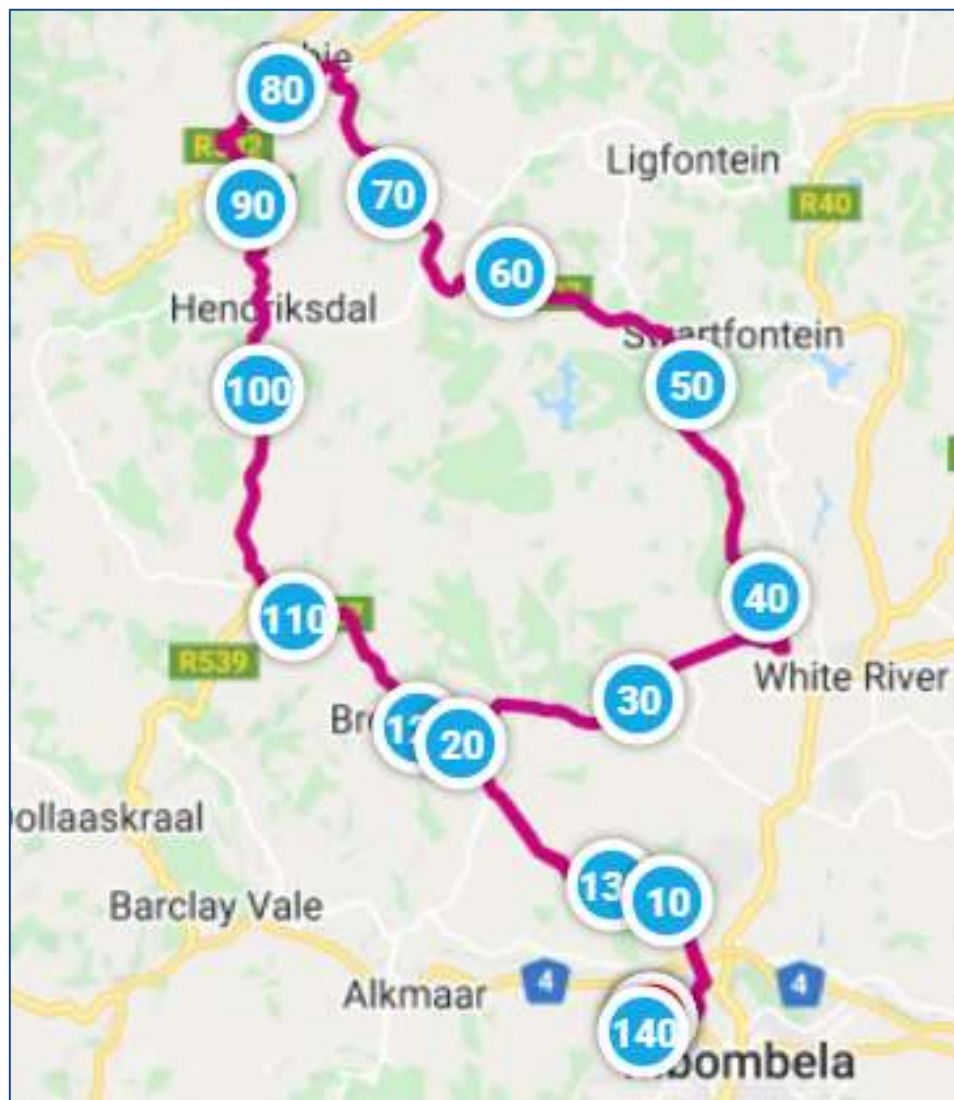
08:00	Elite Men start at Mbombela Stadium – 140km route
08:10	Vets Men 30 – 55 start at Mbombela Stadium
08:20	Open Group start at Mbombela stadium
08:00	Junior Men start at Casterbridge, White River – 100km route
08:10	Elite Ladies & Vets Men 55+ start at Casterbridge, White River
08:20	Open Group start at Casterbridge, White River
08:00	Junior Ladies, U/17 Boys, U/17 Girls start at Petenas Pancakes, Sabie – 60km route
08:10	Open Group start at Petenas Pancakes, Sabie
13:00	Prize giving at Mbombela stadium

Medals for All Finishers

Long Distance Route: Mbombela – White River – Sabie - Mbombela

1	Start at Mbombela stadium
2	Turn left at the first circle – Neutral zone for the first 5 km
3	Continue straight on the R37 to Sabie
4	At 20 km turn right towards White River
5	After 37 km turn left on the R537 to Sabie
6	At 78 km at the T-Junction turn left towards Sabie .
7	At 78.6 km turn left
8	At 78.8 km at Petena Pancakes turn left
9	At 87.4 km turn left towards Nelspruit on the R37
10	KOM at 90 km
11	Finish at 140 km

K.O.M.: 3 - 2 - 1 (Prize)





CLIMB DETAILS				
CATEGORY	AVG.GRADE	ELEVATION	DISTANCE	
01	2.7%	GAIN 24 m	LENGTH	0.90 km
02	2.4%	GAIN 189 m	LENGTH	7.81 km
03	2.6%	GAIN 183 m	LENGTH	6.91 km
04	2.7%	GAIN 46 m	LENGTH	1.70 km
05	2.9%	GAIN 312 m	LENGTH	10.92 km
06	3.5%	GAIN 101 m	LENGTH	2.90 km
07	3.1%	GAIN 394 m	LENGTH	12.72 km
08	5.0%	GAIN 455 m	LENGTH	9.01 km
09	2.3%	GAIN 69 m	LENGTH	3.00 km
10	2.9%	GAIN 69 m	LENGTH	2.40 km


Click here for an interactive route: <https://www.mapmyride.com/routes/view/4930552951>

Medium Distance Route: White River – Sabie - Mbombela

- 1 Start at Ingwenyama Lodge White River on the R537 towards Sabie
- 2 At the T-Junction at 43.7 km, turn left towards Sabie on the R537
- 3 At the stop at 44.2 km, turn left on the R37 towards Lydenburg
- 4 At 52.8 km, turn left on the R37/R40 towards Nelspruit
- 5 At 101,2 km at the first circle go straight
- 6 At 103,6 km at the second circle go straight
- 7 At 105,1 km at the third circle keep left
- 8 At 106 km at fourth circle keep right
- 9 Finish at 106.5 km at Mbombela Stadium



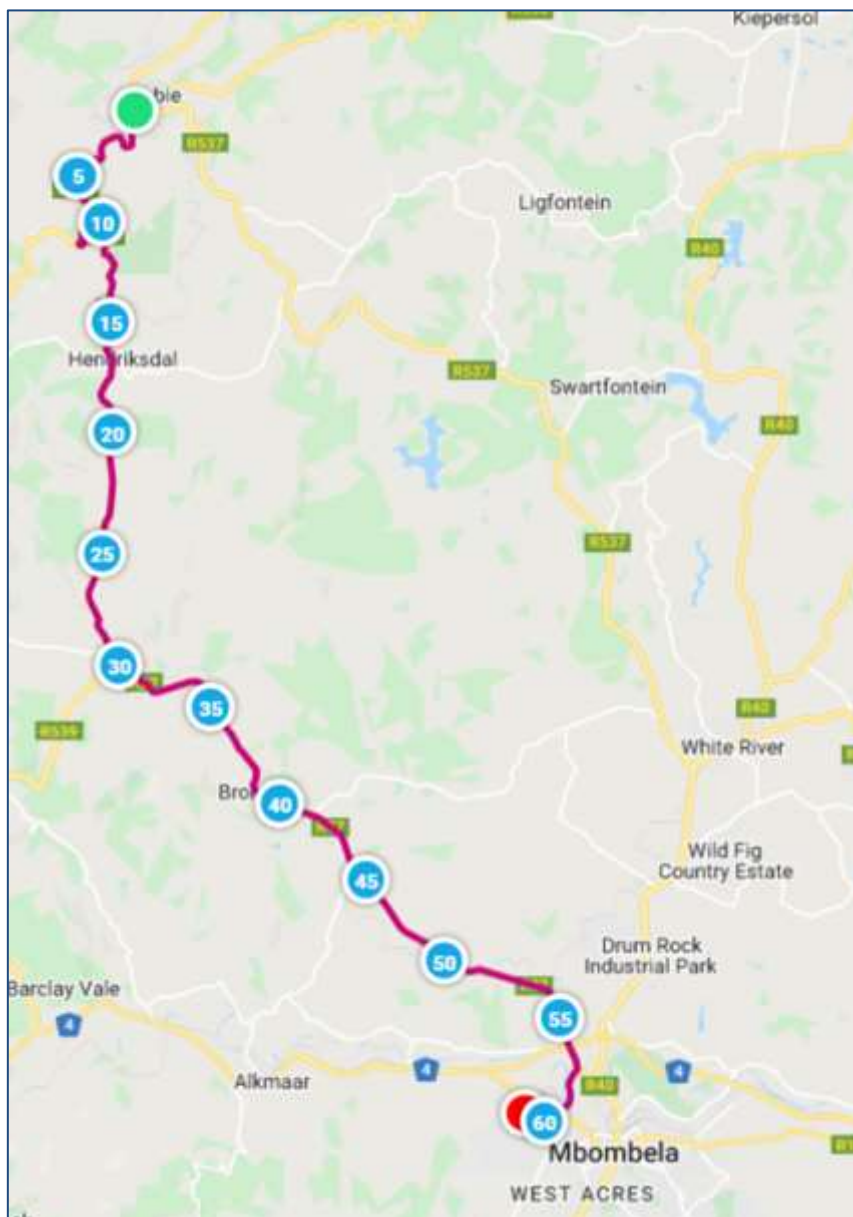


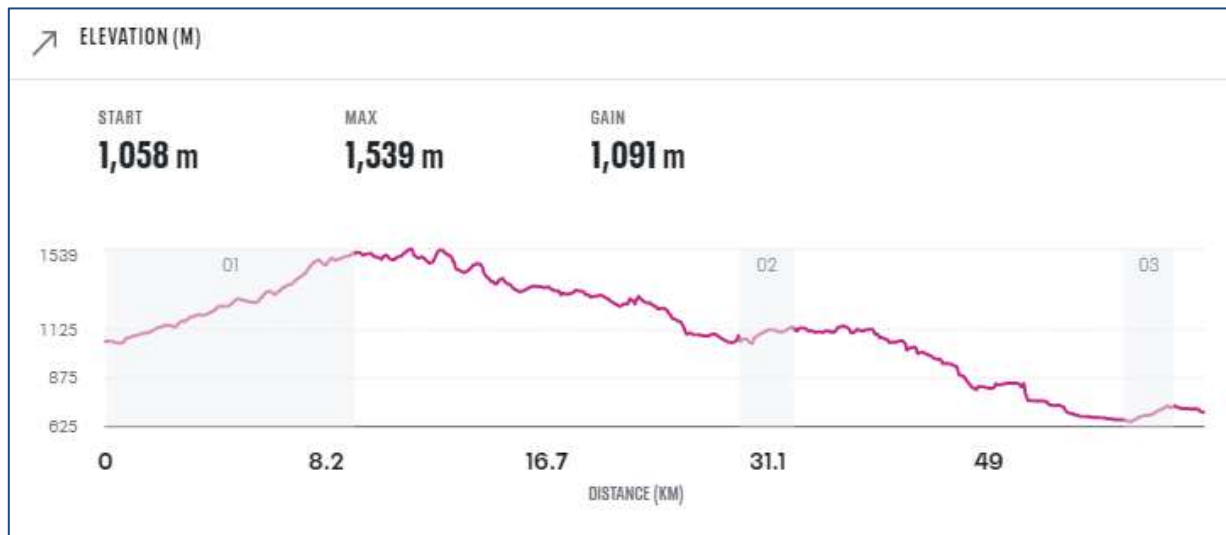
 CLIMB DETAILS					
CATEGORY		AVG. GRADE	ELEVATION		DISTANCE
01		2.0%	GAIN	231 m	LENGTH 11.32 km
02		3.5%	GAIN	101 m	LENGTH 2.90 km
03		3.1%	GAIN	396 m	LENGTH 12.72 km
04		5.0%	GAIN	456 m	LENGTH 9.11 km
05		2.1%	GAIN	60 m	LENGTH 2.80 km
06		3.0%	GAIN	70 m	LENGTH 2.30 km


Click here for an interactive route: <https://www.mapmyride.com/routes/view/4812464974>




Short Distance Route: Sabie - Mbombela

- 1 Start at Petena Pancakes
- 2 Go on the R37 towards Lydenburg
- 3 At 8,5 km turn left on the R37/R40 towards Nelspruit
- 4 At 56,2 km at the first circle go straight
- 5 At 58,6 km at the second circle go straight
- 6 At 60 km at the third circle keep left
- 7 At fourth circle keep right
- 8 Finish at 62 km at Mbombela Stadium





 **CLIMB DETAILS**

CATEGORY		AVG. GRADE	ELEVATION		DISTANCE	
01		4.9%	<i>GAIN</i>	453 m	<i>LENGTH</i>	9.22 km
02		2.1%	<i>GAIN</i>	60 m	<i>LENGTH</i>	2.91 km
03		2.9%	<i>GAIN</i>	70 m	<i>LENGTH</i>	2.41 km

Click here for an interactive route: <https://www.mapmyride.com/routes/view/4812492763>