



Subaru Centurion Gravel Shaker & Sondela Bela Bela MTB Challenge: 2024

Presented by Centurion Cycling Club and hosted by Sondela Nature Reserve & Spa

2024 marks the 3rd edition of Centurion Cycling Club's annual Gravel and MTB weekend at Sondela Nature Reserve and Spa. With Sondela as start and finish venue and routes that venture out into the wide Limpopo Province plains with various route choices, this weekend not only provides for competitive racing for the racing snakes, but also really enjoyable riding for all other levels of cyclists. The Sondela Nature Reserve and Spa offers the ideal opportunity to spoil your family with a weekend away while sharing your passion for this beautiful sport of cycling.

The Sondela Entertainment Village with restaurants and swimming pools is always a winner after each race and you can be sure that the vibe will be alive with anticipation at the prize giving ceremony! All of this is packaged in a weekend with one of the fastest and most enjoyable races on the calendar.

The team from Subaru Centurion will again be on site with their vehicles on display and to provide a 4x4 experience by demonstrating the amazing 4x4 capabilities of the Subaru vehicles. Be sure to visit their display and get the ride of your life!

The **Gravel race** on Saturday 18 May 2024 offers a choice between a 120km, 50km and 30km route.

The **MTB Challenge** on Sunday 19 May 2024 offers a choice between a 40km and 19km route on the carefully manicured routes inside the Sondela Nature Reserve and Spa.

There will also be a **Kiddies Ride** on Saturday and Sunday to entertain the young ones.

Accommodation special: To get 25% of standard camp sites:

(Reduced from R500 to R375 for 4 guests)

<https://book.nightsbridge.com/30682?promocode=Centurion%20Cycle%20Challenge>

SUBARU CENTURION GRAVEL SHAKER: 18 MAY 2024

The Gravel Race on Saturday 18 May 2024 sponsored by Subaru Centurion is ideal for gravel and mountain bikes. You can choose between a 120km, 50km or 30km route to suit your level of cycling. All three routes start and finish inside the Sondela Nature Reserve at the Reception area. The route exits and returns to the Reserve via a side gate. From here you will venture into the wide and open plains on gravel roads where very few cyclists have ridden before! With the wind in your face and the gravel grinding under your wheels, you will leave all your troubles behind and revel in the pleasures of being out in nature for a few hours.

You can enter in your age category to race against your own age group and in the distance that is specified for your age category. Alternatively, if you want to ride with your mates or family, or if you want ride a distance other than what is allowed for your age category group, you can enter in the Open Category.

We strongly recommend that only experienced riders enter for the 120km race. The route is flat, but demanding and should not be underestimated.

CATEGORIES

120km	50km	30km
Elite Men (19 – 29)	Men Youth and Junior (15 – 18)	Boys U/14
Sub Veteran Men (30 – 39)	Women Youth and Junior (15 – 18)	Girls U/14
Veteran Men (40 – 49)	Open Men / Ladies	Open Men / Ladies
Master Men (50 – 59)	E-bike	
Grand Master Men (60+)		
Ladies (19 – 39)		
Veteran Ladies (40+)		
Open men / Ladies		

WATERPOINTS:

120 km – 4 waterpoints

50 km – 1 waterpoint

30 km – no waterpoint

SONDELA BELA BELA MTB CHALLENGE – 19 MAY 2024

The MTB Challenge on Sunday 19 May 2024 starts inside Sondela Nature Reserve at the Entertainment village. The routes (40km and 19km) are both inside the Sondela Nature Reserve and consist mostly of flowing single track with some jeep track that promises to be fast and exhilarating.

Start groups:

40km	19km (no day licence required)
Open Men	Boys / Girls U/14
Open Ladies	Open Men / Ladies
E-bike	E-bike

ENTRY INFORMATION

Online entries close on 13 May 2024 at 08:00

Gravel Race

Date: 18 May 2024

Province: Limpopo

Venue: Sondela Nature Reserve, 11km from Bela Bela, towards Settlers

Distances: 120km (R400-00); 50km (R300-00); 30km (R140-00),

Kiddies Ride 1km gravel/dirt road (R50-00 - **pay at registration**)

Starting Time: 08:00

Timing: Prottime. Timing/Number Boards will be provided by Prottime at no additional cost. All boards must be returned at the end of the event.

MTB Race

Date: 19 May 2024

Province: Limpopo

Venue: Sondela Nature Reserve, 11km from Bela Bela, towards Settlers

Distances: 40km (R290-00); 19km (R190-00)

Kiddies Ride 1km gravel/dirt road (R50-00 - **pay at registration**)

Starting Time: 08:00

Timing: Prottime. Timing/Number Boards will be provided by Prottime at no additional cost. All boards must be returned at the end of the event.

You will be required to show proof of your 2024 CyclingSA Membership.

If you have not applied for CyclingSA Membership, you will be required to purchase a day license for R50.

NUMBER COLLECTION AND LATE REGISTRATION

Subaru Centurion

16 May 2024

10:00 – 17:00

Sondela Nature Reserve

17 May 2024

15:00 – 18:00

18 May 2024

06:30 – 08:00

19 May 2024 (MTB only)

06:30 – 08:00

For more information contact Hermien van Zyl on hermienvz@gmail.com or 083 791 7740.

For information about accommodation contact Sondela 014-736 8800 / www.sondela.com or Bela Bela Tourism 014-736 3694.