

2025 EBENEZER MILE PRIZES

SATURDAY, 15TH MARCH 2025

1 mile

CATEGORY	FIRST	SECOND	THIRD
Female U14	R500	R250	R150
Female 31+	R500	R250	R150
Female 14-30	R500	R250	R150
Male U14	R500	R250	R150
Male 31+	R500	R250	R150
Male 14-30	R500	R250	R150

3000m

CATEGORY	FIRST	SECOND	THIRD
Female	R600	R300	R200
Male	R600	R300	R200