

## Modderfontein Time Trial - 17 May 2022

Thank you to our timekeepers: Claire, Sam and Gayle

### Ladies 5km TT

| Name               | Time  | Pace | +/- PB |
|--------------------|-------|------|--------|
| Ruth Davis         | 24:06 | 4:49 | +0:08  |
| Sally Bevington    | 28:39 | 5:44 | +3:35  |
| Laetitia Stap      | 28:47 | 5:45 | +2:32  |
| Samantha Zermatten | 29:24 | 5:53 | +1:23  |
| Bianca Nowicki     | 30:44 | 6:09 | +2:15  |
| Paula Pfister      | 30:58 | 6:12 | +2:32  |
| Charmaine Hibbert  | 32:10 | 6:26 | +1:58  |
| Kirsten Morrison   | 33:36 | 6:43 | +5:08  |
| Annalien Steyn     | 34:05 | 6:49 | +8:23  |
| Lianne Zermatten   | 34:22 | 6:52 | +3:52  |
| Jennifer Hodge     | 40:53 | 8:11 | -2:25  |

### Mens 5km TT

| Name           | Time  | Pace | +/- PB |
|----------------|-------|------|--------|
| Tyler Hughes   | 22:48 | 4:34 | -0:37  |
| Clayton Sumner | 23:16 | 4:39 | +0:38  |
| Ozzie Ferreira | 24:09 | 4:50 | -1:43  |
| Michael Levy   | 28:30 | 5:42 | +0:00  |
| Simon Levin    | 29:14 | 5:51 | +0:02  |
| Wayne Riley    | 30:00 | 6:00 | +1:54  |
| Jonty Meiring  | 30:28 | 6:06 | -1:44  |
| Ross Hughes    | 30:28 | 6:06 | +2:57  |
| Tony Klette    | 31:06 | 6:13 | +0:00  |
| Cameron Dansie | 31:09 | 6:14 | +13:49 |
| Brett Collett  | 32:10 | 6:26 | +0:46  |
| Riley Morrison | 33:15 | 6:39 | +0:40  |
| DJ Kirkby      | 33:15 | 6:39 | +0:40  |
| Coach Marco    | 34:22 | 6:52 | +6:10  |
| Patrick Lovell | 34:56 | 6:59 | +8:26  |
| Jonty Meiring  | 34:59 | 7:00 | +2:47  |
| Graham Clifton | 40:53 | 8:11 | +3:47  |

### Ladies 8km TT

| Name                | Time  | Pace | +/- PB |
|---------------------|-------|------|--------|
| Tristan Torr        | 38:13 | 4:47 | +1:53  |
| Nicola-Jayne Kirkby | 43:00 | 5:23 | +4:38  |
| Sandy Ransom        | 43:00 | 5:23 | +0:49  |
| Marizanne Pienaar   | 43:38 | 5:27 | +3:17  |
| Chelsea Muller      | 46:55 | 5:52 | +4:43  |
| Micaela Rei         | 47:03 | 5:53 | +2:58  |

### Mens 8km TT

| Name             | Time  | Pace | +/- PB |
|------------------|-------|------|--------|
| Jose Bates       | 33:15 | 4:09 | -0:18  |
| Vernon Le Roux   | 34:21 | 4:18 | -0:26  |
| Andrew Lucas     | 37:44 | 4:43 | +2:06  |
| Graham Ransom    | 38:13 | 4:47 | +0:27  |
| Rogan Botha      | 38:53 | 4:52 | +1:38  |
| Dieter Zermatten | 44:06 | 5:31 | +4:50  |
| Andre Greyling   | 45:53 | 5:44 | +0:00  |
| Ayal Peretz      | 45:55 | 5:44 | +5:49  |
| Chris Botha      | 46:39 | 5:50 | +5:44  |
| Edwin Maroga     | 51:37 | 6:27 | -0:41  |
| Patrick Wong     | 51:37 | 6:27 | +2:49  |

### 4km Walkers

| Name        | Time  | Pace | +/- PB |
|-------------|-------|------|--------|
| Helga Lucas | 36:40 | 9:10 | +0:00  |
| Rob Burns   | 36:40 | 9:10 | +0:00  |