

Modderfontein Time Trial - 24 May 2022

Thank you to our timekeepers: Laetitia and Chelsea

Ladies 5km TT

Name	Time	Pace	+/- PB
Kirsten Lloyd	27:57	5:35	+4:23
Charmaine Hibbert	31:50	6:22	+1:38
Samantha Zermatten	31:50	6:22	+3:49
Claire Steyn	32:05	6:25	+5:34
Lianne Zermatten	32:21	6:28	+1:51
Demi De Ruyter	35:00	7:00	+1:35

Mens 5km TT

Name	Time	Pace	+/- PB
Barry Chapman	25:36	5:07	+0:00
Joshua McKeand	26:08	5:14	+6:19
Logan Hull	27:12	5:26	+2:00
Dieter Zermatten	28:27	5:41	+5:23
Andrew Lucas	29:04	5:49	+5:41
Patrick Wong	29:46	5:57	+0:46
Simon Levin	29:56	5:59	+0:44
Deon Wessels	30:16	6:03	+3:35
Edwin Maroga	30:54	6:11	+0:50
Riley Morrison	31:42	6:20	-0:53
Obakeng Sebetlele	32:21	6:28	+0:52
Derek Venter	42:31	8:30	+7:11
Graham Clifton	42:31	8:30	+5:25
Chris Botha	48:09	9:38	+17:03

Ladies 8km TT

Name	Time	Pace	+/- PB
Tristan Torr	39:16	4:55	+2:56
Nicola-Jayne Kirkby	44:09	5:31	+5:47
Julie Hughes	45:30	5:41	+0:43
Celine Van Enter	45:35	5:42	+3:00
Deidre Coghlan	46:39	5:50	+2:06
Kirsten Morrison	47:17	5:55	+0:19
Marizanne Pienaar	49:02	6:08	+8:41
Micaela Rei	51:00	6:23	+6:55
Ruth Davis	51:03	6:23	+11:22
Sally Bevington	51:03	6:23	+8:18
Michelle Sparke	51:42	6:28	+6:34
Yonica Pienaar	59:59	7:30	+0:00

Mens 8km TT

Name	Time	Pace	+/- PB
Cameron Dansie	31:27	3:56	+3:27
Jose Bates	38:02	4:45	+4:47
Lourens Strauss	38:04	4:46	+0:00
Clayton Sumner	39:16	4:55	+2:56
Dillon Haverly	41:50	5:14	-7:00
Rogan Botha	41:50	5:14	+4:35
Ayal Peretz	42:51	5:21	+2:45
Fabio Matteucci	45:04	5:38	+6:34
Coach Marco	47:42	5:58	+1:01
Christian Ituzc	48:09	6:01	+0:00
Andre Greyling	50:01	6:15	+4:08
Jonty Meiring	59:59	7:30	+0:00

4km Walkers

Name	Time	Pace	+/- PB
Annalien Steyn	41:51	10:28	+2:06
Stefan Steyn	41:51	10:28	+0:00
Emay Steyn	41:51	10:28	+2:06
Gayle Bates	42:17	10:34	-5:21
Helga Lucas	42:17	10:34	+5:37
Paula Pfister	42:27	10:37	+0:00
Mpho Letsoalo	42:27	10:37	+0:00