

Modderfontein Time Trial - 31 May 2022

Thank you to our timekeepers: Tammy and Geoff

Ladies 5km TT

Name	Time	Pace	+/- PB
Kirsten Lloyd	23:31	4:42	-0:03
Claire Steyn	29:56	5:59	+3:25
Emmaline Venter	30:05	6:01	+0:00
Micaela Rei	31:02	6:12	+3:12
Charmaine Hibbert	32:21	6:28	+2:09
Jackie Pellew	37:18	7:28	+2:10

Mens 5km TT

Name	Time	Pace	+/- PB
Dario Matteucci	21:38	4:20	+0:13
Logan Hull	27:24	5:29	+2:12
Riley Morrison	29:35	5:55	-3:00
Patrick Wong	29:46	5:57	+0:46
Edwin Maroga	29:49	5:58	-0:15
Raymond Smith	30:29	6:06	+0:00
Steve Kirkpatrick	34:41	6:56	+0:00
Graham Clifton	34:50	6:58	-2:16

Ladies 8km TT

Name	Time	Pace	+/- PB
Tristan Torr	37:09	4:39	+0:49
Nicola-Jayne Kirkby	40:06	5:01	+1:44
Ruth Davis	42:16	5:17	+2:35
Laetitia Stap	44:06	5:31	-0:42
Deidre Coghlan	44:16	5:32	-0:17
Chelsea Muller	44:54	5:37	+2:42
Marizanne Pienaar	44:56	5:37	+4:35
Sally Bevington	44:56	5:37	+2:11
Kirsten Morrison	47:54	5:59	+0:56
Yonica Pienaar	55:09	6:54	-4:50

Mens 8km TT

Name	Time	Pace	+/- PB
Cameron Dansie	29:32	3:42	+1:32
Jose Bates	33:56	4:15	+0:41
Lourens Strauss	37:48	4:44	-0:16
Nicolas Van der Walt	41:06	5:08	+0:00
Andre Greyling	43:26	5:26	-2:27
Deon Wessels	44:11	5:31	+3:49
Chris Botha	44:16	5:32	+3:21
Rogan Botha	44:16	5:32	+7:01
Dieter Zermatten	44:56	5:37	+5:40
Christian Ituze	48:14	6:02	+0:05
Jonty Meiring	55:37	6:57	-4:22

4km Walkers

Name	Time	Pace	+/- PB
Jennifer Hodge	32:48	8:12	-2:06
Derek Venter	33:05	8:16	+0:00
Sabrina Moraga	39:48	9:57	+0:00
Alex Hanegraaf	40:40	10:10	+0:00