

Modderfontein Time Trial - 7 June 2022

Thank you to our timekeepers: Kirsten L and Samantha

Ladies 5km TT

Name	Time	Pace	+/- PB
Michelle Sparke	28:31	5:42	+1:40
Debbie Matteucci	30:38	6:08	+0:48
Sonia Correia	30:48	6:10	+2:11
Lianne Zermatten	31:41	6:20	+1:11
Charmaine Hibbert	32:14	6:27	+2:02
Gayle Bates	35:40	7:08	+0:00
Jennifer Hodge	44:16	8:51	+3:23

Mens 5km TT

Name	Time	Pace	+/- PB
Joshua McKeand	22:07	4:25	+2:18
Tyler Hughes	22:18	4:28	-0:30
Jayson Naicker	23:40	4:44	-12:02
Dario Matteucci	25:11	5:02	+3:46
Christopher Sparke	25:21	5:04	-2:36
Logan Hull	26:11	5:14	+0:59
Dieter Zermatten	27:02	5:24	+3:58
Stefan Steyn	28:15	5:39	+1:33
Bryce Curtis	28:21	5:40	-1:24
Riley Morrison	28:30	5:42	-1:05
DJ Kirkby	28:30	5:42	-4:05
Fabio Matteucci	29:15	5:51	+0:00
Edwin Maroga	29:52	5:58	+0:03
Clifford Correia	30:20	6:04	+5:06
Raymond Smith	33:13	6:39	+2:44
Garon Campbell	33:13	6:39	+0:00
Derek Venter	42:44	8:33	+7:24
Graham Clifton	44:04	8:49	+9:14

Ladies 8km TT

Name	Time	Pace	+/- PB
Tristan Torr	39:03	4:53	+2:43
Ruth Davis	40:18	5:02	+0:37
Laetitia Stap	43:53	5:29	-0:13
Julie Hughes	43:59	5:30	-0:48
Nicola-Jayne Kirkby	45:17	5:40	+6:55
Micaela Rei	45:39	5:42	+1:34
Deidre Coghlan	46:27	5:48	+2:11
Chelsea Muller	47:09	5:54	+4:57
Sally Bevington	47:09	5:54	+4:24

Mens 8km TT

Name	Time	Pace	+/- PB
Cameron Dansie	31:11	3:54	+3:11
Clayton Sumner	35:21	4:25	-0:59
Lourens Strauss	38:41	4:50	+0:53
Andre Greyling	42:57	5:22	-0:29
Deon Wessels	43:25	5:26	+3:03
Rogan Botha	45:38	5:42	+8:23
Chris Botha	46:02	5:45	+5:07
Barry Chapman	46:27	5:48	+13:28

4km Walkers

Name	Time	Pace	+/- PB
Jonty Kirkby	32:48	8:12	-2:05
Matt Kirkby	32:48	8:12	-7:03