



ASA TEAM SELECTION CRITERIA

CAA African Championships

Mauritius 8-12 June 2022

SECTION 1: SELECTION PROCESS

Eligibility

1.1. To be considered for selection, athletes must satisfy the following:

- a) Be a South African citizen (SA ID-document/number)
- b) Be in possession of a valid SA passport with an expiry date not less than 6 months after returning from the specific championships
- c) Be a member of a South African club, affiliated to ASA, and registered on the ASA registration system
- d) Be in good standing with ASA, the Provincial Federation and the club he/she is affiliated to.
- e) Not currently serving a period of ineligibility or a provisional or permanent suspension for a doping violation or for any other reason of misconduct;
- f) Be 18 years or older at 31 December 2022 (i.e. born in 2004 or earlier), with the exception of the following:
 - 1) Athletes aged 18 or 19 years in the year of competition may compete in any event except the 10 000m, marathon and race walk events longer than 10km.
 - ii) Athletes aged 16 or 17 years in the year of competition may compete in any event except the throwing events, the combined events, 5000m and longer, marathon and the race walk events longer than 10km.
 - iii) No athlete younger than 16 years of age in the year of competition may be selected.
- g) Compete in the National Champs in the event in which they wish to be selected with the following exceptions: 1. Combined Events;
- h) In possession of an ASA License for the relevant year and confirm that the License Declaration was signed, and respect the conditions of the ASA License.
- i) Familiar with the content of the "ASA Integrity Code", and the "Basic Broadcasting, Advertising and Social Media Guidelines for Athletes, Coaches and Officials" in the ASA Rules and Regulations, and abides by it.
- j) Sign an ASA Team Declaration, if and when nominated for the Team

Note 1: To ensure the Panel have an accurate picture of an athlete's fitness ahead of the selection meeting, those who are unable to compete at the Championships due to injury but still wish to be considered for selection MUST either have been reviewed in person by the ASA medical team in the week prior to the Championships OR they

must attend the Championships (regardless of home location) to be examined by one of the ASA Team Doctors, or the Event Doctor.

Athletes who fail to satisfy either provision will not be considered for selection.

Selection Meeting and Process

1.2 The selection of the provisional team will on **23rd April 2022**

1.3 The Selection Panel ("the Panel") shall comprise as follows:

- Track and Field Chair
- High performance Committee
- Coaches Committee
- Athletes Commission
- ASA Excellence department

1.4 The following procedures will be used by ASA in the selection of athletes for the CAA African Championships on the **21-23 Apr 2022:**

- a. A maximum of three athletes may be selected in each individual event. Up to 6 athletes may be selected for each relay event. The composition of those 6 relay athletes must include the athletes who are selected in the relevant individual event (100m or 400m).
- b. Any other athlete who is selected in any other event may then be able to participate in the relay event in addition to the 6 entered.

Round 1 – Provisional Team:

1.5 The top three (3) finishers of each individual event (refer to the overview for details on all CAA African Championships of events) will be selected for the same event at the CAA African Championships. Athletes must have met the qualifying standards for the event, as set by the CAA for the 2022 CAA African Championships. Please note: Wind-aided marks (those which exceed 2.0 meters per second) will not be accepted, and all qualifying standards must have been met during the period 01 January 2022 to 23 April 2022

Round 2 – Final Team:

1.6 In this round the Panel will consider athletes that have:

- Achieved at least one qualification standard by the end of the qualification period.
- Ranked top 5 in African by the 23 April 2022 on the day of selection Demonstrated to the satisfaction of the Panel current form and fitness which suggests they can win Medal

Note: Achieving the standard will not guaranty your selection in the final team

Round 3 – Relays

- 1.7 Based on the athletes selected for individual sprint/hurdles events in rounds 1 and 2, the Panel, in its absolute discretion, may choose to select a team for each of the men's and women's 4x100m and 4x400m relays. In accordance with the World Athletics entry rules, provided they believe that the relevant relay team will be genuine medal contenders.
- 1.8 The number of athletes selected for each relay will be at the discretion of the Panel, in accordance with the World Athletics entry rules. Athletes will be selected based on the Panel's consideration of a combination of the following criteria (which are not listed in priority order), as well as any other factors that may be deemed relevant:
- Full commitment and engagement with the ASA Relay project programme
 - Current form (Performances from 1st January 2022).
 - Head-to-heads in 2022.
 - Previous major age-group competition history.

Note: all selected relay athletes will be expected to make themselves available for ALL rounds of the relevant relay.

SECTION 2: PERFORMANCE CRITERIA

Qualification Standards

- 2.1 For an athlete to be considered for selection for the **CAA African Championships provisional team** they must have achieved the following relevant performance standard/s:

Men	Event	Women
CAA		CAA
10.44	100 m	11.94
21.24	200 m	24.24
46.64	400 m	54.74
1.47.30	800 m	2. 06. 00
3.39 00	1.500 m	4.21. 00
13.30.00	5.000 m	16.18. 00
28.38.00	10.000 m	35.20.00
14. 24	110m / 100m hurdles	14.24
50.94	400m hurdles	59.64
8.36.00	3.000m steeple chase	10.30.00
1h28.0	20 km walk	1h50.0
39.50	4 x 100 m	45.50
3.04.50	4 x 400 m	3.39.00
2.12 m	High Jump	1.75 m
5.00 m	Pole vault	3.40 m
7.80 m	Long Jump	6.15 m
16.00 m	Triple Jump	13.00 m

16.80 m	Shot Put	14.90 m
53.50 m	Discus	49.00 m
59.00 m	Hammer	50.50 m
69.00m	Javelin.	49.00 m
6960 pts	Decathlon/Heptathlon	5000 pts

Performance conditions relating to qualification standards

- 2.1 All performances must be achieved during an official competition organised in conformity with World Athletics (WA) Rules.
- 2.3 All performances must be achieved during competitions organised or sanctioned by ASA.
- 2.4 Performances achieved in mixed competitions in track events will not be accepted. Exceptionally, in accordance with World Athletics Rules, performances achieved in field events, 10 000m RW, 5000m, and 10 000m may be accepted in circumstances where there were insufficient athletes of one or both genders competing to justify the conduct of separate events and there was no pacing or assistance given by an athlete(s) of one gender to an athlete(s) of the other gender.
- 2.5 Wind assisted performances (over 2m/sec) will not be accepted.
- 2.6 Indoor performances will be accepted.
- 2.7 Hand-timed performances for events up to and including 800m will not be accepted.
- 2.8 For Race Walks:
- Track performances (20 000m, 35 000m, and 50 000m) will be accepted
- 2.9 Results of races conducted using the pit lane will be accepted
- 2.10 For the running events of 200m and over, performances achieved on over- sized tracks will not be accepted.
- 2.11 For the Combine events
- The wind velocity in any individual will not exceed plus 4 meters per second
 - The average wind velocity (Based on the algebraic sum of the wind velocity, as measured for each individual event, divided by the number of such events) will not exceed plus 2 meters per second