

**Reference: AGN/Circular 27 of 2022**

To: AGN Members

From: AGN Office

Date: 22 March 2022

**CIRCULAR 27 OF 2022 – AGN 2022 CROSS COUNTRY SEASON**

Dear AGN Members

We hope you all are fit and ready for the 2022 Cross Country Season that start on Saturday, 9 April 2022 at Peach Tree Farm and end on Saturday, 17 September 2022 in Rustenburg with the ASA Cross Country Championships.

We have done our planning and hope that the Covid-19 rules & Regulations will not try and de-rail the Cross Country again in 2022.

The Cross Country Inter-Provincial Championships is scheduled to take place on Saturday, 4 June 2022 in Zonderwater or Rayton - the final venue will be announced in due course.

The AGN Cross Country Championships will follow on Saturday, 20 August 2022 at Erasmus High School in Bronkhorstspruit and the season will end with the ASA Cross Country Championships on Saturday, 17 September 2022 in Rustenburg.

Kindly find attached the AGN 2022 Cross Country Fixtures and Selection Criteria, which will also be available on the AGN website: [www.agn.co.za](http://www.agn.co.za). Kindly read the two documents and familiarise yourself with all the information on it.

**ASA LICENSE NUMBERS.**

Please note that **NO** athlete will be allowed to run in the AGN Cross Country Races without an ASA license.

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**Board Members:**

Hendrick Mokganyetsi (President) Adv. James Matshekga (Vice President) Lukhanyo Mabinza (Chair Athletes) Buks Meyer (Chair Cross Country) Enoch Skosana (Chair Road Running) Siphon Shawe (Chair Track & Field) Chris Britz (Chair Race Walking) John Mathane (Additional) Violet Khumalo (Additional) Shona Manamela (Additional) Corrie Fourie (Additional) Jazz Mnyengeza (Ex Officio) Durell JeJane (General Manager)

As stated in the AGN Cross Country Selection Criteria document:

ASA Rule 25.3.14 In all events (except for pole vault and high jump, where only one need be displayed) it is compulsory to wear both license numbers, one on the front and one on the back of the upper body clothing. Failure to do so will result in disqualification of the athlete.

### Age tags – Masters and Junior Athletes

All athletes from the age of 35 years and older must run with an age tag in all the AGN Cross Country races. One in front of the running vest and one on the back of the running vest. At the Cross Country events the Master athletes run in 5-year age groups: 35 – 39, 40 – 44, 45 – 49, 50 – 54, 55 – 59, 60 – 64, 65 – 69, 70 – 74, 75 – 79, 80 – 84, 85 – 89, and 90 – 94.

**IF AN MASTERS ATHLETE AGE CHANGE DURING THE SEASON AND BEFORE THE ASA CROSS COUNTRY CHAMPIONSHIPS (17 SEPTEMBER 2022), THE ATHLETE WILL BE REQUIRED TO RUN WITH THE AGE TAG THAT THE ATHLETE WILL BE AT THE ASA CROSS COUNTRY CHAMPIONSHIPS FROM THE BEGINNING OF THE CROSS COUNTRY SEASON.**

**E.G. IF AN ATHLETE IS 39 BUT TURNS 40 DURING THE SEASON, THE ATHLETE *MUST* RUN WITH A 40 AGE TAG FROM THE BEGINNING OF THE SEASON.**

Junior athletes must run with the J - ASA License number in all Cross Country races. If they don't have the J - ASA License number, then they must have the J - age tag on the back and on the front of the running vest

### AGN Cross Country Commission

**Chairperson:** Buks Meyer  
Email - [buksmeyer@vodamail.co.za](mailto:buksmeyer@vodamail.co.za)  
[buks.meyer.jg@gmail.com](mailto:buks.meyer.jg@gmail.com)

**Vice Chairperson:** Hanlie Truter

**Members:** Liandra Kendal  
Catherine Skosana  
Londi Selala  
Edwin Green.

**Athletics**  
**Gauteng North**

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**Selectors for 2022**

**Convener:** Dewald Rossouw

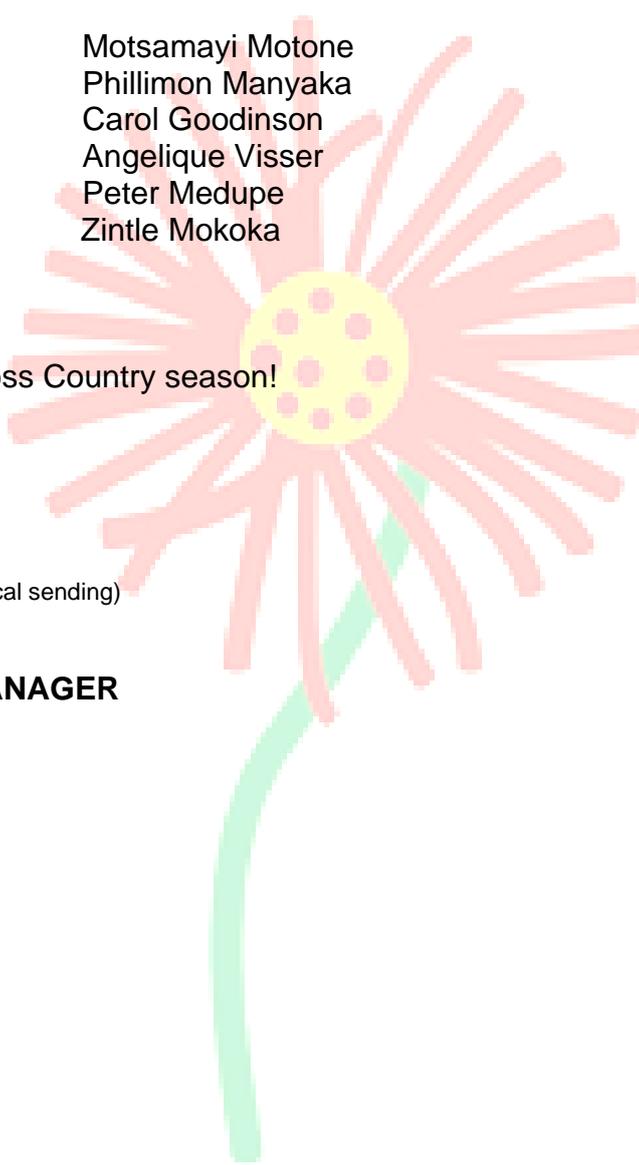
**Selectors:** Motsamayi Motone  
Phillimon Manyaka  
Carol Goodinson  
Angelique Visser  
Peter Medupe  
Zintle Mokoka

Good luck for the Cross Country season!

Kind Regards

(Not signed due to electronical sending)

Durell JeJane  
**AGN: GENERAL MANAGER**



**Athletics**  
**Gauteng North**

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