

To be the best athletics Province in South Africa

Reference: AGN/Circular 45 of 2022

To: AGN Members
From: AGN Office
Date: 16 May 2022
Pages: 2 + 2 attachements

CIRCULAR 45 OF 2022 - AGN CROSS COUNTRY LEAGUE 4 (21 MAY 2022)

Dear AGN Members

Athletics Gauteng would like to congratulate all the athletes on their performances at the AGN Cross Country League 3 Night Race that took place on 13 May 2022 at TUT (Pretoria Campus). Herewith are the revised results for the AGN Cross Country League 2. Please note that the results for the AGN Cross Country League 3 Night Race will be available later this week. For any queries on results, please Contact Hanlie Truter on 082 308 8712.

This coming Saturday, 21 May 2022 the AGN Cross Country League 4 will be taking place at Lavender Kontrei Mark, near Wonderboom Airport (<https://goo.gl/maps/a8vftDdhv4v8SN1E9>) with the first race starting at 11:00. Kindly find the programme attached.

Online entries are now open and will close on Thursday morning, **19 May 2022** at 06:00.
Link for only entries: <https://forms.gle/v9AqJAh4GCrXeP5a6>

All entry payments must kindly be made to the AGN bank account – please bring proof of payment to registration.

ATHLETICS GAUTENG NORTH BANK ACCOUNT DETAILS

Bank: Absa
Account no.: 4080586137
Branch Code: 335-642
Reference: Name, Surname & ASA Licence Number

Age tags and Temporary licenses will be sold at registration

Temporary License: R 40.00
Age Tags: R 20.00.

The AGN 2022 Cross Country Fixtures and Selection Criteria are available on the AGN website: www.agn.co.za. Kindly read the two documents and familiarise yourself with all the information on it.

Board Members:

Hendrick Mokganyetsi (President) Adv. James Matshekga (Vice President) Lukhanyo Mabinza (Chair Athletes) Buks Meyer (Chair Cross Country) Enoch Skosana (Chair Road Running) Siphosha Shawe (Chair Track & Field) Chris Britz (Chair Race Walking) John Mathane (Additional) Violet Khumalo (Additional) Shona Manamela (Additional) Corrie Fourie (Additional) Jazz Mnyengeza (Ex Officio) Durell JeJane (General Manager)

Kindly join the following whatsapp group for Cross Country results and general communication, link: <https://chat.whatsapp.com/CyqwTBSnfKrEDndkFfIcHI>

ASA License numbers.

Please note that **NO** athlete will be allowed to run in the AGN Cross Country Races without an ASA license.

As stated in the AGN Cross Country Selection Criteria document:

ASA Rule 25.3.14 In all events (except for pole vault and high jump, where only one need be displayed) it is compulsory to wear both license numbers, one on the front and one on the back of the upper body clothing. Failure to do so will result in disqualification of the athlete.

Age tags - Masters and Junior Athletes

All athletes from the age of 35 years and older must run with an age tag in all the AGN Cross Country races. One in front of the running vest and one on the back of the running vest. At the Cross Country events the Master athletes run in 5-year age groups: 35 – 39, 40 – 44, 45 – 49, 50 – 54, 55 – 59, 60 – 64, 65 – 69, 70 – 74, 75 – 79, 80 – 84, 85 – 89, and 90 – 94.

IF AN MASTERS ATHLETE AGE CHANGE DURING THE SEASON AND BEFORE THE ASA CROSS COUNTRY CHAMPIONSHIPS (17 SEPTEMBER 2022), THE ATHLETE WILL BE REQUIRED TO RUN WITH THE AGE TAG THAT THE ATHLETE WILL BE AT THE ASA CROSS COUNTRY CHAMPIONSHIPS FROM THE BEGINNING OF THE CROSS COUNTRY SEASON.

E.G. IF AN ATHLETE IS 39 BUT TURNS 40 DURING THE SEASON, THE ATHLETE **MUST RUN WITH A 40 AGE TAG FROM THE BEGINNING OF THE SEASON.**

Junior athletes must run with the J - ASA License number in all Cross Country races. If they don't have the J - ASA License number, then they must have the J - age tag on the back and on the front of the running vest

Good luck with your training, see you on Saturday.

Kind regards

(Not signed due to electronical sending)

Durell JeJane
AGN: GENERAL MANAGER

Athletics
Gauteng North

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