



## **Criteria for Athletics Gauteng North (AGN) Cross Country Season 2022 (Dated: 16 March 2022)**

### **1 Selection of Gauteng North Cross Country Teams**

Athletics Gauteng North will be sending a team to the Inter Provincial Cross Country Meeting as well as to the National Cross-Country Championships. The team that will be sent to each of these events will be compiled in accordance with the criteria set out in this document.

#### **1.1 Inter Provincial Cross Country at Zonderwater / Rayton.**

AGN Cross Country Commission will select athletes per age category according to the guidelines set by ASA for 2022, which guidelines will only be made available later in 2022. The athletes selected in accordance with the ASA guidelines will represent the province at the Inter Provincial Cross Country event. The final number of athletes per age group will be at the discretion of the AGN Cross Country Commission and the AGN Board and the final decision on the number of athletes will remain in their discretion. In order to qualify athletes must participate in a minimum of **two** league races. The final decision on team selection lies with the AGN Cross Country Commission. The team selection based on the required criteria will be final. The AGN Commission reserve the right to select a fewer number of athletes than ASA stipulates in its guidelines. This will be dependent on the results of leagues and in the discretion of the AGN Cross Country Commission to ensure the province has the strongest possible team representing at this event. The following leagues will be considered to determine the team:

- League 1: Peach Tree Farm (Sat, 9 April)
- League 2: Rhino Park, Rayton (Sat, 23 April)
- League 3: Peach Tree Farm (Sat, 14 May)
- League 4: Lavender Kontrei Mark (Sat, 21 May)

The best athletes per age category (as determined by the ASA guidelines), who participated in a minimum of **two** leagues, may be selected based on a comparison of their positions at

the leagues they participated in. The final number of athletes per age group will be the discretion of AGN Cross Country Commission.

For each athlete the best two positions will be identified after League 4, added-up and then divided by two. Athletes will then be ranked.

**Example:**

(Athlete one; Positions: 1, 4, 2, 1: Best two: 1, 1 = 2 divided by 2: Rank 1.00)

(Athlete two; Positions: 2, 3, 1, 5: Best two: 2, 1 = 3 divided by 2: Rank 1.50)

The top athletes per age group may then be selected for the AGN Cross Country Team to the Inter Provincial Cross Country meeting.

**1.2 National Cross-Country Championships at Konka Rustenburg.**

ASA allows a province to enter athletes per age category according to ASA 2022 guidelines and in line with the Covid-19 Regulations at that time. AGN Cross Country Commission intends on selecting the full complement allowed by ASA. The final decision on team selection lies with the AGN Cross Country Commission and their selection based on the required criteria will be final. The AGN Commission reserves the right to select a fewer number of athletes than set out in the guidelines of ASA 2022. This discretion will be dependent on the results of leagues and in order for the province to have the strongest possible team representing the province at this event.

The AGN Cross Country Commission will only consider the results of the AGN Cross Country Championships for the selection of the team, with the provision that athletes comply with the criteria below:

- The top 4 positions at the AGN Cross Country Championships in each age category qualify automatically, even if the athlete did not participate in enough league events.
- The athletes in the next positions (according to the ASA 2022 guideline) in each age category must also comply with the criteria below. If not, they will not be included in the AGN Team. The AGN Cross Country Commission will then look at the next athletes, until athletes are found that fully comply with the criteria.

- ***Athletes in age categories 14 years and older*** (including secondary schools): A top 50 position in any two of the three main season Cross Country leagues [schools' events] plus the AGN Cross Country Championships, which is compulsory.
- ***Senior, Junior and Master Athletes***: Two top 50 positions in the pre-season Cross Country leagues, plus one of the two Cross Country leagues in the main season plus the AGN Cross Country Championships, which is compulsory. The Junior Men and Junior Women that do not belong to a school can compete in these Cross-Country leagues. The Wednesday Cross Country races at the Secondary schools also count for selecting of the AGN Cross Country team, at least two of the three Cross Country races must be run.
- ***Athletes in age categories 13 years and younger*** [primary schools' athletes]: A top 50 position in any three of the four main season Cross Country leagues [schools' events] plus the AGN Cross Country Championships, which is compulsory.

***Please note:*** *Athletes 13 years and younger, need to participate in the primary schools Cross Country events to fill their quota of leagues, even if they are already in secondary school. Similarly, athletes 14 years and older, need to participate in the secondary schools Cross Country events to fulfil their leagues, even if they are still in primary school.*

**AGN Cross Country Commission will only consider the results of the AGN Cross Country Championships for the selection of the team. If an athlete did not run at the AGN Cross Country Championships, or did not complete the race, he or she will not be considered for the AGN Cross Country team to go to the SA Cross Country Championships. No sick letters will be accepted.**

### **NO EXCEPTION.**

### **2 Accommodation and travel Bookings to SA Championships.**

Do not make any accommodation and travel bookings until the official AGN Cross Country Team has been released and published by the AGN Board.

### **3 ASA License numbers.**

No athlete will be allowed to run in the AGN cross country races without an ASA license. Read the below rules as set by ASA.

25 Rule 25: License's [Refer WA Rule 143.7] Athletes are required to display Licence numbers in all competitions as specified in ASA rules 1.1(a) - (f)

25.1.1 ASA: ☐ The ASA License is used to identify if the individual athlete is eligible.

25.1.3 Clubs: ☐ Clubs are the only institution as defined in the ASA Constitution that has the right to issue Permanent Licenses to their members. ☐ Athletes must pay the club for the Permanent License before it is issued. ☐ When an athlete does not wear a license on his/her vest during a race both the athlete and the club which the athlete belongs to can be penalized. ☐ To avoid doubt, in events where Special Number Bibs are issued, the athlete does not have to wear the license but must be able to show the Licence to the Referee when he/she is asked to do so. ☐ Note: The Referee or Organizer can only ask the athlete to show his/her license before the race, after the race, or before the medal/ prize giving ceremony.

25.3.1 Permanent Licenses: The athlete must complete a standard ASA registration form before the permanent license is issued. The club must take possession of the registration form before the permanent license is handed to the athlete.

25.3.14 In all events (except for pole vault and high jump, where only one need be displayed) it is compulsory to wear both license numbers, one on the front and one on the back of the upper body clothing. Failure to do so will result in disqualification of the athlete. 25.3.15 an athlete's permanent Licence bib is under no circumstances transferable and may not be used by another athlete.

25.3.16 Athletes must be in possession of a permanent license to participate at inter-provincial or national Championships (ASA rule 1.1.a to 1.1.c)

25.4.1 Permanent Licenses are the licenses issued by ASA through the Provincial Members to club members. Athletes can only purchase a Permanent License through a local athletics club 25.4.2 Permanent Licenses need to be renewed on an annual basis

25.4.4 A Permanent License ensures that the athlete is eligible for selection for teams to international events, and allows the athlete to participate at Provincial or National Championships. To avoid doubt, licenses are issued to all athletes irrespective of their age,

e.g. an athlete who enters in the ASA Cross Country Championships for the 10 year age category, must purchase a permanent license before the athlete can be entered for the event.

25.4.6 The Permanent License provides the athlete with medical cover – subject to the terms and conditions of the policy

25.4.8 Each athlete will be issued with TWO permanent licenses which must always be worn on the front and back of the vest.

25.6.12 A temporary license may not be issued to athletes participating in events listed under ASA Rule 1.1.a to 1.1.c. including all ASA Championships and the National Championships of an Associate Member. Athletes participating at this level are entered by clubs and provinces and must be license members of a club before entering for the mentioned events.

25.6.15 while athletes with permanent licenses have signed a registration form and are covered by a national medical insurance policy; from 2017 onwards temporary Licence athletes are not covered by such policies.

#### **4 Age tags – Masters and Junior Athletes**

All athletes from the age of 35 years and older must run with an age tag in all the Cross-Country races. One in front of the running vest and one on the back of the running vest. At the Cross Country events the Master athletes run in 5-year age groups: 35 to 39, 40 to 44, 45 to 49, 50 to 54, 55 to 59, 60 to 64, 65 to 69, 70 to 74, 75 to 79, 80 to 84, 85 to 89, and 90 to 94.

**IF AN MASTER ATHLETES AGE CHANGE BEFORE THE SA CROSS COUNTRY CHAMPIONSHIPS (17 SEPTEMBER 2022) THEN HE OR SHE MUST RUN WITH THE NEW AGE TAG FROM THE BEGINNING OF THE CROSS COUNTRY SEASON. EX-SAMPLE: IF AN ATHLETE TURN 40 DURING THE SEASON HE OR SHE MUST RUN WITH A 40 AGE TAG FROM THE BEGINNING OF THE SEASON.**

Junior athletes must run with the J - ASA License number in all Cross-Country races. If they don't have the J - ASA License number, then they must have the J - age tag on the back and on the front of the running vest.

#### **5 Email List**

If you received this email and are no longer interested in receiving cross country information, please reply to this mail and we will remove you from the list. If you know of any other person who would like to receive our email, please forward their address to us so that we can add them to the list.

## **6 Contact Detail**

You can contact the Athletics Gauteng North office at 012 327 4932 or at office@agn.co.za during office hours 08:00 to 16:00. You can also visit our web page at <http://www.agn.co.za>.

### ***Buks Meyer***

***Chairperson:***           ***AGN Cross Country Commission***

***Cell number:***           ***082 823 8883***

***E-Mail:***                   ***[buks.meyer.jg@gmail.com](mailto:buks.meyer.jg@gmail.com)***