



**Nedbank Running Club East London
Time Trial: 29 June 2016**

Position	TT Number	Name and Surname	Km	Time
1	14	Mbuyiseli Mema	7	0:25:38
2	151	Mthunza Njaca	7	0:26:41
3	9	Masixole Gaqa	7	0:29:06
4	40	Mloe Sibanda	7	0:30:10
5	154	Pumlani Sikweza	7	0:30:15
6	8	Dina Marfia	5	0:32:00
7	87	Deon Henning	7	0:32:49
8	89	Braham le Roux	7	0:33:03
9	86	Ane Ferreira	7	0:33:55
10	71	Tlhotsane Sempe	7	0:34:16
11	16	Tendani Mufamadi	7	0:34:21
12	110	Themba	7	0:37:10
13	17	Bongani Khoza	7	0:37:25
14	190	Zqko Phandle	5	0:38:45
15	141	Gquzula Sihle	7	0:40:41
16	88	Jonathan Kitchen	7	0:41:44
17	98	Bulela Sidloyi	7	0:42:01
18	143	Bhelwana Nomzamo	7	0:43:28
19	157	Tinashe Chandauka	7	0:43:35
20	161	Clio Bax	7	0:43:36
21	142	Bhelwana Onella	7	0:45:20
22	43	Boitumelo Lepman	7	0:45:25
23	108	Khanyo Malashe	7	0:46:43
24	34	Tandile Pupuma	7	0:46:45
25	230	Mathoto Mokoka	7	0:59:41