



EAST LONDON
BORA

Nedbank RCEL 5 km / 8.5 km TT

24.04.2019

Pos.	Time	Name	km	ID
1	21:02	Mloe Sibanda	5	19
2	22:01	Xhanti Lumkwana	5	663
3	22:47	Owen Mnyaka	5	559
4	23:19	Shane Forword	5	116
5	23:55	Gwiba Mahlali	5	72
6	24:19	Mzuvukile Sibhozo	5	421
7	25:12	Vuyo Menze	5	832
8	25:22	Vuka Sam	5	42
9	25:26	Aby Popo	5	747
10	25:44	Luzuko Buku	5	566
11	25:52	John Omwansa	5	204
12	25:58	Jessica Lawrence	5	644
13	26:01	Martinus Hewitt	5	282
14	26:03	Kobus Brits	5	774
15	26:32	Bongani Khoza	5	193
16	27:38	MLungisi Mayoyo	5	820
17	27:38	Nadia Lucouw	5	1
18	28:03	Kerry Tee	5	113
19	28:52	BH Tshuku	5	830
20	29:14	Lynette Forword	5	114
21	29:32	Salathiso Sikonje	5	670
22	30:14	Andrew Wright	5	141
23	30:38	Rene Skorbinski	5	94
24	31:03	Sandiswa Xolani	5	576
25	31:22	Zukile Tokwe	5	649
26	32:29	Ingrid Meker-Dewing	5	462
27	32:36	Nwabisa Mlwandle	5	636
28	32:59	Nothemba Gungu	5	831
29	33:00	Nzuki Manjezi	5	66
30	34:33	Clare Miles	5	460
31	34:37	Michaela Manthe	5	671
32	36:43	Sithembiso Ndzimela	5	457
33	38:19	Carolina Zapata	5	709
34	38:35	Charlene Buckley	5	256
35	38:37	Janet Webb	5	404
36	38:48	Nande Galada	5	824
37	39:00	Mndeni Zulu	8.5	234
38	39:20	Julie Hopkins	5	454
39	44:21	Wayne Pottinger	8.5	423
40	44:36	Richard Chigume	8.5	833



